International Situations Project Translation

**Subjective Happiness Scale**

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| Original English | Translation (Croatian) |
| 1. For each of the following questions, please indicate the point on the 7-point scale that best describes you: | 1. Za svako od sljedećih pitanja, na ljestvici od 7 točaka označite onu koja Vas najbolje opisuje: |  |
| 1. In general, I consider myself | 1. Općenito gledano sebe smatram |  |
| 1. Not a very happy person | 1. Nisam vrlo sretna osoba |  |
| 1. A very happy person | 1. Ja sam vrlo sretna osoba |  |
| 1. Compared to most of the people around me, I consider myself | 1. U usporedbi s većinom ljudi oko sebe, smatram da sam |  |
| 1. Less happy | 1. Manje sretna osoba |  |
| 1. More happy | 1. Sretnija osoba |  |
| 1. Some people are generally very happy. They enjoy life regardless of what is going on, getting the most out of everything.   To what extent does this characterization describe you? | 1. Neki su ljudi uglavnom vrlo sretni. Uživaju u životu bez obzira što se događa, uzimajući najviše od svega. U kojoj se mjeri ovaj opis odnosi na Vas? |  |
| 1. Not at all | 1. Uopće ne |  |
| 1. A great deal | 1. Znatno |  |
| 1. Some people are generally not very happy. Although they are not depressed, they never seem as happy as they might be.   To what extent does this characterization describe you? | 1. Neki ljudi uglavnom nisu vrlo sretni. Iako nisu potišteni, čini se da nikada nisu onoliko sretni koliko bi mogli biti. U kojoj se mjeri ovaj opis odnosi na Vas? |  |
| 1. Not at all | 1. Uopće ne |  |
| 1. A great deal | 1. Znatno |  |

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Reference for the Subjective Happiness Scale:

Lyubomirsky, S., & Lepper, H. S. (1999). A measure of subjective happiness: Preliminary reliability and construct validation. *Social Indicators Research*, *46*, 137-155.

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