International Situations Project Translation

**Self-Construal**

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| **Original English** | **Translation (Chinese Hong Kong)** |
| **How well does each statement describe you?** | **以下說法在多大程度上準確地描述了您本身？** |
| **doesn’t describe me at all** | **完全不準確** |
| **describes me a little** | **有一點準確** |
| **describes me moderately** | **比較準確** |
| **describes me very well** | **非常準確** |
| **describes me exactly** | **完全準確** |
| **Self-expression versus harmony** | **Self-expression versus harmony** |
| 1. You prefer to express your thoughts and feelings openly, even if it may sometimes cause conflict. | 1. 您更喜歡公開地表達您的觀點和感受，即使這有時可能會引起衝突。 |
| 1. *You try to adapt to people around you, even if it means hiding your feelings.* | 1. 您會試圖融入周圍的人，即使這意味著隱藏您的情緒。 |
| 1. *You prefer to preserve harmony in your relationships, even if this means not expressing your true feelings.* | 1. 您更喜歡在關係中維持和諧，即使這意味著您不能表達您的真實感受。 |
| 1. *You think it is good to express openly when you disagree with others* | 1. 當您不贊同他人時，您認為公開地表示是有好處的。 |
| **Self-interest versus commitment to others** | **Self-interest versus commitment to others** |
| 1. You protect your own interests, even if it might sometimes disrupt your family relationships. | 1. 您保護您的個人利益，即使它有時可能會破壞您的家庭關係。 |
| 1. *You usually give priority to others, before yourself.* | 1. 您經常把優先權給別人而不是自己。 |
| 1. *You look after the people close to you, even if it means putting your personal needs to one side.* | 1. 您會照顧和您親近的人，即使這意味著您的個人需求將被擱置。 |
| 1. *You value personal achievements more than good relations with the people close to you.* | 1. 你認為取得個人成就比保持良好際關係更重要。 |
| 1. *You would sacrifice your personal interests for the benefit of your family.* | 1. 為了家人的利益，您會犧牲您自己的利益。 |
| **Consistency versus variability** | **Consistency versus variability** |
| 1. *You behave differently when you are with different people.* | 1. 與不同的人打交道時，你的行為表現因人而異。 |
| 1. *You see yourself differently when you are with different people.* | 1. 和不同的人在一起時，您對自身的看法也不一樣。 |
| 1. *You see yourself the same way even in different social environments.* | 1. 即使在不同的社會環境中，您也一直以同樣的方式看待自己。 |
| 1. *You behave in the same way even when you are with different people.* | 1. 即使和不同的人在一起時，您也表現如一。 |

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Reference for Self Construal:

Vignoles, V. L., Owe, E., Becker, M., Smith, P. B., Easterbrook, M. J., Brown, R., ... & Lay, S. (2016). Beyond the ‘east–west’dichotomy: Global variation in cultural models of selfhood*. Journal of Experimental Psychology: General, 145*, 966.

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