International Situations Project Translation

**Life-Orientation Test (LOT-R)** – 6 items

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| Original English | Translation (Indonesian) |
| 1. In uncertain times, I usually expect the best. | 1. Dalam kondisi yang tidak menentu, saya biasanya mengharapkan suatu hal yang terbaik |
| 1. If something can go wrong for me, it will.\* | 1. Jika sesuatu yang buruk dapat terjadi pada saya, hal tersebut akan terjadi. |
| 1. I'm always optimistic about my future. | 1. Saya selalu optimis tentang masa depan saya. |
| 1. I hardly ever expect things to go my way.\* | 1. Saya hampir tidak pernah mengharapkan hal-hal yang menjadi jalan hidup saya |
| 1. I rarely count on good things happening to me.\* | 1. Saya jarang menghitung hal-hal baik yang terjadi pada saya. |
| 1. Overall, I expect more good things to happen to me than bad. | 1. Secara umum saya mengharapkan hal baik terjadi pada saya dibandingkan hal yang bururk |

\* *items are reverse coded*

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